

HARRISDALE

SENIOR HIGH SCHOOL

ISSUE 2 · AUGUST 2023



Dear Parents and Guardians,

BY EVERAL EATON

Welcome to our latest Harrisdale Senior High School Newsletter. Again, our school continues to shine with excellence everywhere in all that we do. The term has begun with a flurry of activities from our Canberra Tour to sporting events, awards celebrations and our first ever Japanese Exchange program at our school.

Please enjoy the memories of Term 2 and celebrate with me the achievement of our students who were recently acknowledged in our awards ceremony last week.

NAPLAN is out and I am pleased to see so many of our students in the 'Exceeding and Strong' area of the scale. NAPLAN has changed this year, with bands no longer being used. We have sent information to our Year 9 students and parents regarding these changes.

A reminder that copiesof the NAPLAN reports are also

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Over the last couple of weeks we hosted students for our first Japanese Exchange Program in partnership with <u>AIIU</u> (Australian Institute of International Understanding). The Ashiya Upper Secondary School students have had an amazing journey learning about our school and culture.

- Semester 1 Assembly
- Bush RangersCamp
- Japanese student visit
- Sydney / Canberra Tour
- NAIDOC Week
- AGWA excursion
- Student Support
- Phys Ed updates
- Clubs
- AND MORE!

AN UPDATE FROM THE PRINCIPAL

I would like to commend the Language teachers on this initiative and for the effort that it takes to make an event like this happen. The experience for our students along with the exchange students will build our culture and languages programs for future generations.

A big thank-you to the teachers and students who had an outstanding trip to Canberra. It was a lot of work to manage 94 students safely and to give them the experience of a lifetime. Please check out the article further on in the newsletter for lots of photos and reflections of this amazing trip.

The HASS team continue to celebrate student achievement with the National History Challenge winners announced last week. This year's theme of Change and Continuity provided students with an array of possible topics and research to delve into. I was very pleased to see the depth of work being achieved in this area and the gusto in which our students have to this endeavour.

Over the last few weeks, we have been working to complete our Year 11 and 12 selections and courses into senior school. This has seen a vast improvement in the number of pathways and courses offered to students into 2024. We will be offering Psychology, Health Studies, Music and Computer Science in ATAR for the first time and an array of general pathway courses along with our specialized Vocational Training Program. Our Year 12 students are on a pathway to excel this year, with many students predicted to have an ATAR score in the high 90's. I am so proud of our students who have been working hard to achieve the best possible outcomes in their studies. The school has been providing Master Classes for our ATAR students this term with the benefit of extra revision and exam preparation, feedback from our students has been extremely positive. To all our Year 12 students I wish you all the best for the up-and-coming exams in Week 9. The exam rosters will be out this week.



To our VET students, stay on track and ensure you complete all aspects of your courses.

We have many students undertaking Diploma levels and High Certification courses which will place these students in a competitive and well-regarded future pathway.

Finally, I would also like to celebrate staff achievement and welcome to our staff a few new teachers who will be joining the Harrisdale team and inform you of a couple of changes to roles for some of our staff this term.

I would like to take this opportunity to congratulate and celebrate our teachers who have recently received Senior Teacher status: Casey Vinci, Adam Morgan, Daniel Cargill, Dejan Dukic, Glen Innis, Shaun Stedman, Neyna Chen and Christophe Pasquier.

AN UPDATE FROM THE PRINCIPAL

This achievement sees these staff being able to take on extra roles and support for staff in mentoring, supervision, professional support, counselling and guidance for teachers (including both student teachers and graduate teachers), about classroom performance, curriculum implementation resource development, developing pedagogy and contributing to curriculum development, effectively contributing to the leadership development planning and identifying priorities, and to formal school decision-making process and other duties as required. Many are already leading and providing this support throughout our school.

Our school has some amazing teachers who work hard to support our students and our school. Thank-you.

Welcome to Harrisdale, these teachers bring a wealth of experience and new ideas. I look forward to working with them and continuing our focus on quality teaching and learning over the coming months.

Mathematics Arul Niroshan and Beryl Erdogan, English Elizabeth Wells and Alicia Wilkinson, HASS Lisa Yang and Aaron Kendall, Home Economics Matt Duffy and Alex Price, Arts Caroline Edwards (Dance).

To our non-teaching staff we welcome Joaquin Ampil and Gyano Wilson to our Media & Marketing team.

Please enjoy and celebrate the outstanding successes of our school, our students and our teachers.

We are doing amazing things and achieving outstanding achievements in everything we do because of our community and spirit to excel.

Kindest regards,

Everal Eaton PRINCIPAL







2023 SEMESTER 1 AWARDS ASSEMBLY

BY MATTHEW COLLIER, ASSOCIATE PRINCIPAL

On Tuesday 1 August, we celebrated the incredible accomplishments of our students across the whole school, Year's 7-12 in our Semester 1 Awards Assemblies.

Students were acknowledged under 3 categories as outlined below;





- **High Achievement** for students achieving 6-7 A grades in Year 7-10, Receiving 75-95 SCSA point in Year 11 or receiving 150-190 SCSA point in Year 12.
- Outstanding Achievement 8+ A grades in Semester 1 Year 7-10, 95+ SCSA points in Year 11 and 190+ SCSA points in Year 12.
- **Diligence** 1 student in each year cohort that has been recognised by staff as working persistently and diligently in all aspects of their studies.



2023 SEMESTER 1 AWARDS ASSEMBLY

Throughout our cohorts from year 7-12, it was clear that students are setting goals for improvement, implementing study strategies, and reflecting on their results regularly. This studious approach by our students has ensured that they are making the most of every day at school and working to achieve beyond their potential. This was evident at our assemblies which is the culmination of their tireless efforts. Students are exceeding their own expectations and accomplishing the extraordinary from year 7 - 12.

Well done and congratulations to all award winners. A special thank you to parents, special guests, staff, student leaders and performers for their support in creating an exceptional and important celebration of our award recipients.



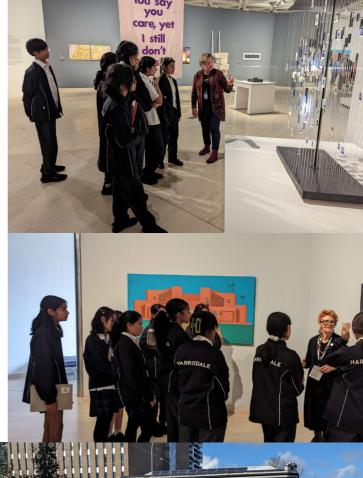
BY JESSICA MCGUSHIN, HEAD OF THE ARTS DEPARTMENT

On Wednesday 19 July, students from Y9-12 Visual Arts classes went on an excursion to see the artworks of Western Australian students from other schools.

They visited the annual St Georges Arts exhibition where a variety of two and three-dimensional works of students in Y10-12 were on display.

Afterward, they made their way to The Art Gallery of Western Australia to see Pulse, a collection of artworks selected from the 2022 Y12 Western Australian Visual Arts students as well as the artworks displayed in the rest of the gallery space.

Students were taken on a guided tour around the Pulse exhibition where they delved into practicing their analytical skills.





What the students had to say:

"I really enjoyed going to the art gallery as it gave me the opportunity to view high quality artworks from students my age and gave me ideas on how I can improve my artworks in the future. Overall, the excursion itself was very fun.

Would recommend 10/10 4." Y11 Anika Sumido

"The excursion was really fun, I loved the different student artworks and the concepts they portrayed. As most of the students were our age, it really inspired me to go all out for my own art." Y11 Emashi De Silva

BY JESSICA MCGUSHIN AND JUSTINE O'BRIEN

In May this year, students from the Y10 Visual Arts Specialist Program exhibited artworks they created for the "My Art, My Armadale" Project at the Champions Centre in Seville Grove.

We are excited to announce that this exhibition will also be displayed at History House between December 2023 and May 2024.

See more about History House here.

More information will be shared closer to the exhibition opening in December, so if you missed seeing the artwork and listening to the associated podcasts the first time around, don't make the same mistake twice!

And two of our talented Y11 ATAR Visual Arts students, Selene Su and Emashi De Silva have entries in the 'Outside the Frame' awards! Watch this space...









DANCE - School to Stage

Year 11 and 12 Dance students competed in 'School to Stage' Education Dance Competition on Sunday the 23rd of July.

They performed Hip Hop, Jazz and Contemporary Dances in very competitive categories.

These talented and dynamic Harrisdale SHS students walked away with third place for Year 11 Hip Hop! They also received excellent feedback from the educators.



HUMANITIES AND SOCIAL SCIENCES

Successful Sydney-Canberra Tour

BY ROSINDA SEARA PSM, HEAD OF LEARNING AREA-HUMANITIES & SOCIAL SCIENCES

On June 27, we saw the start of this year's Sydney-Canberra Tour. 94 students and 6 teachers winged their way to Sydney for a day of sightseeing followed by 5-days in Canberra exploring our nation's capital city.

Despite the day in Sydney being cold and drizzling, students and teachers toured the Sydney Opera House, cruised around the harbour and under the Bridge, Mrs Macquarie's Chair, before finishing the day at the iconic Bondi Beach.

When in Canberra the group was given the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage, and democracy. As part of this program, students visited Parliament House and the Australian War Memorial. In Government House at Yarralumla, His Excellency, General the Honourable David Hurley AC DSC (Retired) met and chatted with the students about their trip and his role in our democracy.





Many days the temperature was below zero in the morning – so there was plenty of fun and games with tobogganing and throwing snowballs

Significantly, the Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education.

To assist families in meeting the cost of the excursion the Australian Government contributed funding of \$510 per student under the Parliament and Civics Education Rebate program towards the costs for the trip. The rebate is paid directly to the school upon completion of the excursion.

HUMANITIES AND SOCIAL SCIENCES

BY ANDREW MATTIN, ROSINDA SEARA & JOSEPHINE DODDS

Stand Up, Be Heard

Year 9s Vibha Bhujbal, Omar Elshekheiby, Lilli Golbourn, Saria Kaleem, Ben Reid, Jack Ruocco, Evie Stanley, and Sahan Vitharana from Harrisdale Senior High School were selected to represent the school at the 'Stand Up Be Heard' workshop hosted by the Commissioner for Children and Young People, Ms Jacqueline McGowan-Jones. The all-day event was held at the Boola Bardip (WA Museum) on 20 June.

During the day they worked with over 100 other students of their own age from schools across the metropolitan area discussing a range of current challenges that face them and wider society. Most importantly, all the students were asked to advocate for young people by putting forward their ideas and potential solutions on these issues.

The workshop was part of the Commissioner's support for Article 12 of the United Nations Convention on the Rights of the Child which states, "Children have the right to say what they think should happen when adults are making decisions that affect them and to have their opinions taken into account."

Yr 11 & 12 Modern History

A few students took the opportunity to attend the Revision seminars run by the History Teachers Association in May to prepare for the exams. Some chose to attend the seminar through Zoom.



Holocaust Studies

The students in groups of four deliberate on the actions taken by people during the Holocaust. This teaches students to emphasize and gain a great understanding of the actions during the Holocaust.



HUMANITIES AND SOCIAL SCIENCES

BY ANDREW MATTIN, ROSINDA SEARA & JOSEPHINE DODDS

National History Challenge

This year's theme 'Change and Continuity" offered students the opportunity to explore various topics in history.

The students at Harrisdale certainly chose a variety of topics on which to conduct their research and submit their entry. Please read below to see the many and varied topics. 6 entries from each year group were submitted for judging into the challenge at state level.

Congratulations to the students who met the criteria and had their entry submitted. Good luck in the state judging on September 9.

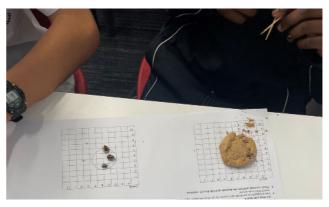
See who these impressive students are!

YEAR 10s

Kayleen Enrilsen, Lehan Jiang	Space Travel and Technology Website
Shafaq Daudpota Hannah Vazhalanickal, Kirthtana Katiravan, Devika Vipin	Change and Continuity in Criminology Website
Arnav Pradhan	Evolution of programming languages Website
Amelia Zhai	Aboriginal Australian Civil Rights Movement during the Whitlam Government Website
Neha Thomas	The Evolution of Women's Literature from the 1700s Website
Richelle Anchan, Hailey Vazhalanickal	The Walt Disney Company Website

Year 7 History

As part of the Year 7 History unit, students have been learning about Ancient Rome and artefacts. The students were able to take part in the excavation of a cookie, logging where they found their evidence, and making sure they removed all their artefacts, chocolate chips, with as much care as possible.



YEAR 9s

Levi Thevathasan, Asel Mallikarachchi, Jamie Batty, Thomas Gibson	Aviation 3D Model and website
John Barizo, Ethan (EJ) Bongtiwon, Marcus Gallo, Liam Merto	Trains Website
Evan Johnson	The Stolen Generation Essay
Amelia Zhai	Aboriginal Australian Civil Rights Movement during the Whitlam Government Website
Celin Leemom	History of Women's Rights in Australia Website
Kiran Jose	Flags Video

HASS - NATIONAL HISTORY CHALLENGE ENTRIES

YEAR 8s YEAR 7s

Simra Idroz, Sayumi Ilandarage, Jayali Lihinyakumara, Chloe Yip	How the musical eras between 1400-1900CE influenced modern day music. Website
Devaanika Shyju Nair, Ishwin Baniwal, Raagavy Jagannathan	Immigration to Australia Website
Manumi De Silva, Eli Dale, Rhys Coomer, Pete Aby Emmanuel	The Magna Carta Website
Sereena Binoj	Industrial Revolution in Britain Website
Griffin Tojo	Toileting Through Time Essay
Amber Thompson, Meera Pater, Jayna Tan	Continuity and Change of the Barber PowerPoint

Serah Peter	Indigenous Australians Website
Sienna Kim Taniya Tobu Alyssa Truscott Jaimee Lee	Telephones PowerPoint
Vritti Patel Samiksha Lugade	Military dogs PowerPoint
Zack Asbridge Asher Sequeira	Archaeology Techniques PowerPoint
Ronan Hodgson Jawad Mohammed Sali	The Colosseum 3D Model
Divseerat Sidhu	Natural History Museum Website









HEALTH & PHYSICAL EDUCATION

RPH Party Program

On Wednesday 28 June, 30 Year 11 students attended Royal Perth Hospital to partake and engage in the RPH Party Program.

The Program is an injury prevention initiative run at RPH where students engage in learning and activities related to trauma (injury) as a result of dangerous or risky behvaiours. Throughout the course of the day students were subject to a variety of presentations aimed at increasing and raising awareness of common injuries that can occur as a result of partaking in risky behaviours.

Students were also presented information pertaining to risky situations and strategies to minimise the risk and prevent trauma related incidents.

The students engaged in; Brain and Spinal cord related injury, St John Ambulance, Paraplegic (Injury Survivor) presentations and tours of the Intensive Care Unit, Emergency department and Rehabilitation (of Spinal Cord Injuries).







BY MATTHEW ADAMS









Yr 10's June UWA Excursions

Students from Mr Dudfield's Specialist Health and Sports Science class travelled to the University of Western Australia (UWA) Exercise and Performance Centre, where they engaged in a workshop to assist them in developing their understanding of the sport science concepts related to Exercise Physiology.

The students conducted a Vo2 test on one of their peers and had the opportunity to see some gold standard athletic testing in action.

A few days later, Miss Glennon's Specialist Health and Sport Science class also travelled to UWA.

The workshop that the students engaged in was heat chamber experiments, where they explored the concept of heat in a lab setting and completed an experiment looking at the effect of heat and cooling strategies.

While at UWA both classes had an opportunity to tour the campus, and to ask questions about courses of study at the School of Human Movement.

HEALTH & PHYSICAL EDUCATION

BY MARY GLENNON

YR 12 GENERAL PHYSICAL EDUCATION STUDIES

Late Term 2, saw our Year 12 General Physical Education Studies (GEPES) students coach at Harrisdale Primary School. As part of GEPES syllabus. the Year 12s study Motor Learning and Coaching, where they examine the following concepts: leadership styles and their relationship to coaching; the roles and responsibilities of a coach; coaching strategies; and the relationship between the different types of feedback and skill development.

The opportunity to coach at HPS meant our students could put the theory into practice. In preparation for coaching, students worked in pairs to design three coaching sessions for volleyball or soccer to deliver to the Year 5 and Year 6 students from HPS.

The Year 12s delivered fun and engaging sessions, with feedback from the Year 5 and Year 6 students being overwhelmingly positive.

Well done to all involved, and a big thank you to Harrisdale Primary School.



HEALTH & PHYSICAL EDUCATION

BY MAKENZIE LEE, HEALTH & PHYS ED TEACHER

HSHS NETBALL UPDATE!

In 2023, Harrisdale Senior High School's netball program has seen exciting developments, including a new Tier 2 Netball WA endorsement. This led to coaching accreditation's for teachers, new netball dresses and singlets, and a specialized class for Year 9 students.

The class worked hard to achieve their Foundation Umpiring Accreditation, which they put to use at the School Sport WA Netball Carnival held in Fremantle, where 9 elite netball teams from Year 7 - 12 competed.

All teams demonstrated integrity, discipline, and fair play throughout the event. The Year 8 Girls team remained undefeated, while the lower school boys' team showed promise, finishing 4th overall.

Additionally, the Year 8 Netball students performed admirably in the Lightning Carnival, winning within their district.

Harrisdale SHS established a partnership with Southern Districts Netball Association to create a successful Netball WA pathway, with plans to include boys' teams. The Elite Netball Lower and Middle school groups also participated in afterschool tournaments against Byford Secondary College.









Looking ahead, 3 teams will enter the Year 10 Lightning in Week 4, and 4 teams across Years 8 – 10 will participate in the Multicultural Carnival in Week 5.

We would aslo like to congratulate Liv Bragg, Willow Kaehler, and Sophia Miller for their selection in the 2023 Metro Fever in Time Program.



CELEBRATING OUR GIFTED & TALENTED STUDENTS

BY HAYLEY BETTERMAN, GIFTED & TALENTED PROGRAM CO-ORDINATOR

UWA Girls in Engineering

Two groups of students from HSHS participated in a Girls in Engineering site visit to the University of Western Australia in Term3, week 3.

The day commenced with a talk from Gabrielle Pennock, the Vice President of Woodside Technology and Engineering who spoke about the types of renewable and non-renewable energy. The students then participated in a game which helped them understand some of the constraints involved in shifting to using 100% renewable energy.

The girls also used their knowledge of electronics and breadboards to complete a series of activities and then the day ended with another guest speaker, Ankita Gurav.

As a Sustainability Consultant from Cundall Homes, Ankita shared some of her knowledge and experiences with passive house design, which provides a much more sustainable and financially responsible way of living.

The experiences will be used by the team to make a submission for the Emerging Engineers Competition – Low Carbon Footprint Design to Power a House in 2040. This competition is also run by UWA with whom we are forming a strong and productive relationship.

Many thanks to Ms Aung (GATE Mentor) and Ms Tania Byrnes (Career Practitioner) for escorting the group and for Dr Mei Tan for her diligence in organising such a rich and rigorous excursion.









VET & WORKPLACE LEARNING

BY TANIA BYRNES, CAREER PRACTITIONER / DUKE OF EDINBURGH COORDINATOR

Bricklaying Career Taster

In week 3, several Year 9 students attended a Bricklaying Career Taster course at Thornlie TAFE.

The day commenced with a tour of the Thornlie campus, a look at the different faculties and what types of trades and jobs relate to them.

They then heard an overview of the Bricklaying industry, along with a video of the top 10 reasons to become a Bricklayer.

Students moved to the practical component of the day, learning how to mix and work with mortar, levelling and laying bricks and then cleaning up, with each student being assessed on their ability to build a straight, stable and attractive pyramid shaped brick wall.

Some skills developed were critical thinking, teamwork, communication and attention to detail. These are skills that can be transferred to any occupation or endeavour. Students learned to apply their knowledge of mathematics to the bricklaying trade, when reading complex building plans, working out courses, brick quantities required for a job, spacing, levelling and measuring.

All students had a fantastic day with many feeling that the Construction industry is one that they would like to explore further.



MUSIC

BY PAMELA BARRETT, MUSIC COORDINATOR

An evening of Solos

In Semester One, our Year 10 students took the stage for the annual 'Evening of Solos,' an intimate performance night that's a big part of their grade for the semester. Each performer showed their passion, skill, and dedication to their chosen instrument. It was a heartwarming night, and we're immensely proud of our talented musicians.





WASO Excursion

In Term 2, 88 of our Year 7 & 8 Music students got a special treat — a chance to witness a WASO open rehearsal at the Perth Concert Hall. They enjoyed a pre-rehearsal talk before watching Asher Fisch put the finishing touches on the concert program.

It was an unforgettable experience that left them in awe of the magic that happens before the main stage performance.

Fremantle Eisteddfod

Our talented musicians took the stage at the Fremantle Eisteddfod, a highly regarded annual music competition. The Saxophone Ensemble performed at Hamilton Hill Memorial Hall, and the Chamber Chorale wowed the audience at Fremantle Town Hall, securing a well-deserved second place. One of our Year 7 students, Annabelle Kurniawan, participated in the Solo Piano AMEB Grade 7 Romantic/20th-century section and proudly secured a second place out of 31 entrants. We couldn't be prouder of our students' efforts and achievements.

Music Camp 2023

On Wednesday 21st June, 124 music students set off for Music Camp, ready for three days of rehearsals, sectionals and some good old-fashioned fun. Beach walks, board games, soccer, and basketball added to the excitement.

On the first night, we had our Music Camp Quiz Night, and the second night was our annual Music Family Movie Night.

The students had a blast, bonding with their fellow musicians, building teamwork and leadership skills, and making memories they'll cherish.



CELEBRATING NAIDOC WEEK

AT HARRISDALE SHS

BY DOROTHY LUK & EVE RUSSELL

At the start of Term 3, our students were invited to take part in a number of NAIDOC Week celebrations.

Moorditj Mob from Wesley College performed a series of dances to the Year 8s which shared important cultural stories; many students took part and learned some dances too.

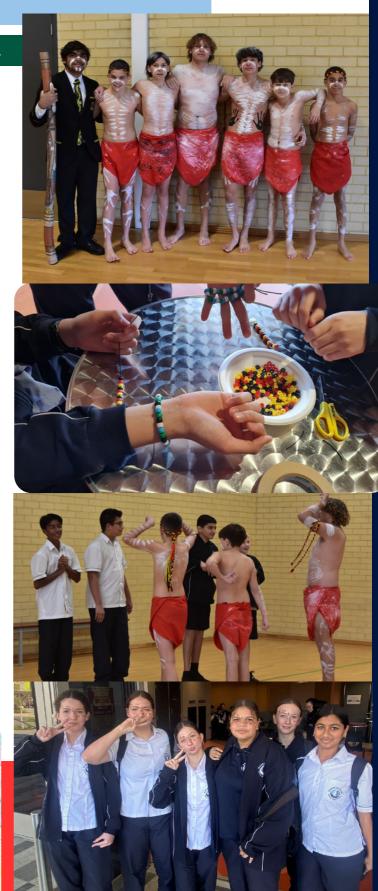
During Home Room, students learned about this year's NAIDOC award winners and reflected on this year's theme, "For Our Elders".

At break time, students were able to get their face painted and make bracelets using colours from the Aboriginal or the Torres Strait Islander flag.

Congratulations to our colouring-in competition winners, Lakeisha Verma and Elena Sofric. The colouring-in was based on this year's NAIDOC Week poster created by Bobbi Lockyer, showcasing how important Elders are in passing down tradition and culture to our children and future.

Thank you to all the staff and students that assisted with NAIDOC Week this year.





BECOMING A SUSHI MASTER

During Term 2 Week 10, students from Year 7 and 8 Japanese classes were treated to a wonderful cultural experience - making sushi!

As part of their cultural lessons, they enthusiastically dived into the art of crafting their own Mayonnaise Tuna Sushi Rolls.

For some students, it was their first-time trying sushi rolls, but they really loved it and finished every last bite.

With dedication and practice, they mastered the art of sushi-making.

The classroom turned into a sushi haven, creating lasting memories and fostering a deeper appreciation for Japanese culture and cuisine.



JAPANESE STUDENT VISIT

Konnichiwa! こんにちは!!

18 Japanese exchange students from Ashiya Upper Secondary School arrived at Harrisdale SHS on Wednesday 26 July and stayed with their host families until Friday 4 August. This fantastic cultural exchange program brings students from different parts of the world together to share experiences, build friendships, and broaden their cultural awareness.

Our Harrisdale community was incredible in giving our Japanese guests a warm welcome. As soon as they arrived at our school, our students greeted them with big smiles and were full of excitement.

Some of our Japanese classes had an

Some of our Japanese classes had an opportunity for an interactive lesson with them. Our students happily learnt Origami and Japanese phrases and taught their new friends some cool Australian slang and phrases.

It was amazing how friendship can overcome any language barriers.



We want to say a huge "Thank You" to the Harrisdale SHS and all the host families for supporting this exchange program. Your kindness and help have made this program a huge success. We already look forward to hosting Ashiya teachers and students in 2024.

BUSH RANGERS CAMP



BY JANELLE LAGRANGE, SCIENCE TEACHER

Recently, the Bush Ranger Cadets went on 2 camps – one at the end of term 2 and one at the start of term 3.

The first camp had our senior cadets in years 10 to 12 head to the Wheatbelt to conduct their major conservation project for the year. The students worked with Bruce Ivers from Trees 4 Australia to revegetate salinity affected areas of farmland in Pingelly.

Despite a late start due to an unexpected bus breakdown, they planted 6000 salttolerant trees and shrubs over the course of a day.

Students also had the opportunity to step foot on an area they visited 2 years ago to see how the seedlings they planted have grown, and the difference it has made to the composition of the soil.

For the second adventure, we took all the Cadets to Forest Edge Recreation Camp for 3 days in a lovely, but very hilly, bush setting.

Students were able to participate in a range of activities including abseiling, rock climbing, bush walking, target shooting and fluing fox.

It was so impressive to see all our brave students challenge themselves to try new or scary activities, and push their boundaries.



INTERACT CLUB

BY ROSINDA SEARA PSM, INTERACT CLUB COORDINATOR

Ron Sloan Scholarship

The Ron Sloan Endeavour Scholarships is a unique program within the Rotary Club of Southern Districts Vocational avenue of Service. It provides support for students who have achieved academic success in year 10 through their next 2 years in High School and it is designed to give these students a value base to commit to excel in their chosen career path whether it is Professional or Vocational.

In 2023, Keanu Niemack and Sohaila Rezae were the recipients of this award. Here they are receiving their certificates at a dinner with the Rotary Club of Southern Districts.



Executive Team for the Rotary year 2023/2024

Thank you for nominating for the positions. Under your leadership, the Interact club will grow and prosper.

Harbal Kaur - President
Sophia Shah - Vice President
Marcus Gallo - Secretary
John Barizo - Treasurer
(not pictured)
Angel (Akshita) Mishra Director Marketing & Promotions



RYPEN

RYPEN stands for Rotary Youth Programme of Enrichment. Students enjoyed a weekend seminar, aimed to create an awareness of young adults responsibility towards, and place in society.

It is sponsored and paid for by the Rotary Clubs within District 9465.

The Southern Districts was the sponsor club for students from Harrisdale SHS.

Joan Anish, Ella Wang and Sumedh attended the camp in May this year.

Leadership opportunities and skills were learned, and a great time was had by all!

INTERACT CLUB

BY ROSINDA SEARA PSM, INTERACT CLUB COORDINATOR

National Tree Day



Planet Ark's National Tree Day started in 1996 and has grown into Australia's largest community tree planting and nature care event.

8 members (& 2 friends) of the Harrisdale SHS Interact Club joined the annual Tree Planting event on Sunday the 30th of July.

Not only did they plant an average of 60 to 80 trees each for the community, they expanded their network of friends who have the same interests as them.

The 10 students who attended from Harrisdale were Interactors; Harbal (President), Marcus (Secretary), Nandini (2nd year attendee), Bahar, Tara, Kirthtana, Kaylen, Jayali and friends Christine and Hayley.

"I overall enjoyed the community that was at the event, being able to talk to friends new and old and having fun. I also found the tree planting quite calming!" - Marcus

Fellowship Afternoon

It is with some sadness that we say goodbye to the Year 12s who joined Interact in 2018 and continued their membership and contributed so richly to the running of this club for 5 years.

These young adults have organised drives for charity, counted money at many a sausage sizzle we have run for the charity, cohorts and contributed their time, energy and knowledge to build the Interact Club to the great success it is today. Including many of them serving breakfast at the Breakfast Club on a weekly basis and serve as mentors for the younger members.

We will hold a fellowship afternoon on Friday September 8, from 3 to 4.30pm in the HASS block.

Younger members will be able to show their appreciation and acknowledge the work and learn the steps to continue the work of Rotary Interact in the community.



Welcome back to term 3!

Our names are Clarisse and Kate, and we are the School Health Nurses based at Harrisdale Senior High School.

"The services provided are free and confidential."

School health services are an easy way for secondary students to access health care and health information for issues including;

- · mental health and wellbeing
- healthy lifestyle -(nutrition and physical activity)
- · development and growth
- · relationships and sexual health and
- · alcohol and other drugs.

School Health Nurses are employed by the Child & Adolescent Health Service (CAHS) and are skilled in assessing adolescent health needs. We engage in health counselling with young people to identify issues, risks, and protective factors, provide advice and brief intervention, assist with access and referral to other services, and provide follow up care.

Young people can drop into the health center (during break 1&2) or make appointments to discuss health and wellbeing issues.

Young people are always encouraged and supported to talk to their parents or guardians about significant health issues.

If you have a concern about your child's health or wellbeing, please contact us on:

<u>Kate.Miles@health.wa.gov.au</u> (Monday, Tuesday & Wednesday)

<u>Clarisse.Dutertre@health.wa.gov.au</u> (Tuesday, Wednesday & Thursday)

CHAPLAIN



Meet Carly Arnold! In conjunction with YouthCARE Chaplaincy Service, she has begun a new program for students called, 'Snacks and Chats'. This will be an ongoing program offered to the girls who are part of our GATE program.

Students are welcomed & encouraged to bring along their morning tea, to enjoy during the session. Carly is enjoying this journey with our very talented girls and seeing them flourish during their time at Harrisdale Senior High School. Programs for the males in our cohort are also in the pipeline and will be announced shortly.

IMPORTANT DATES TO REMEMBER!

YEAR 12 EXAMS

Semester 2 Exams are weeks 9 and 10! Year 12 ATAR Revision Masterclasses are being held at Harrisdale Senior High School. These are run by an Academic Group and are subsidised by Harrisdale Senior High School.

BOOK by clicking here:
https://www.trybooking.com/events/landing/1092438

WEAR IT PURPLE DAY and R U OK!

BY STUDENT SERVICES



R U OK? on 14 September is a celebration of our Mental Health + community.

R U OK? is a public health promotion charity that encourages people to stay connected and have conversations that can help others through difficult times in their lives.

Their work focuses on building the motivation, confidence and skills of the help-giver – the person who can have a meaningful conversation with someone who is strugaling.

Check our socials for activity updates!

Wear It Purple Day on 25 August is a celebration of our LGBQTIA+ community.

We are lucky at Harrisdale SHS to be celebrated for our achievements, both academic and otherwise, championing inclusivity and supporting our colleagues, students and the wider community.

Harrisdale SHS will be celebrating Wear It Purple Day by;

- Encouraging staff and students to wear a purple accessory
- Music and purple nail painting in the café area at Break 1 and 2
- Selling delicious cakes to raise money for the non-for-profit organisation
 "Rainbow Community House" in Perth.

RU OK?

A conversation could change a life.

ruok.org.au